

An illustration of a group of people practicing meditation in a lush, green forest. In the foreground, a person with short dark hair, wearing a yellow long-sleeved shirt and a blue skirt, is seen from behind, sitting in a lotus position on a red mat. To their left, a woman with long brown hair, wearing a grey sweater and blue pants, is also in a lotus position. To the right, a woman with short dark hair, wearing a yellow long-sleeved shirt and blue pants, is in a lotus position. The background features large, gnarled trees with thick canopies, and the ground is covered in green grass. The overall style is soft and painterly.

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